

FAIRFAX AREA COMMISSION ON AGING
FINAL MINUTES OF MEETING
Wednesday, January 16, 2013

James Lee Senior Center, 2855-A Annandale Road, Falls Church, VA 22041

Commissioners Present:

Tena Bluhm (Chair), Maureen Renault (Vice Chair), Julie Bloom Ellis, Joe Heastie, Dan Henderson, Kay Larmer, Mary Jo Rasmussen

Commissioners Absent:

Tom Bash, Nazir Bhagat, Glenda DeVinney, Kenneth Malmberg, Suzanne Rudiselle

Staff Present:

Sharon Lynn, Jacquie Woodruff

Others Present:

Ana Maria Harris, *Fairfax City Resident*; Albert Riveros, *Mason District Resident*; Bob Eiffert, *Fairfax County Health Department*; Mary Holbeck, *Fairfax County Resident*; Lyn Richie, *Burke Health and Rehabilitation Center*; Christine Bitzer, *Seabury Resources for Aging*

Call to Order, Adoption of the day's Agenda and Draft Minutes:

Chair Tena Bluhm called the meeting to order at 1:00 p.m.

Dan motioned that the agenda be accepted; Joe seconded.

Kay motioned that the draft minutes be accepted; Mary Jo seconded.

Public Comment:

No public comment.

Senior Center Directors' Panel:

Ruth Junkin, Herndon Senior Center; Karen Albers, Lincolnia Senior Center; Greg Williams, James Lee Community Center (not present), Anne Miller, Lorton Senior Center

The panel presented about center activities, demographics, and trends. After discussion, the directors agreed to send Tena their senior center wish lists for the future.

Old Business:

- BOS 50+ Action Plan – Supervisor Herrity meeting

Tena, Sharon, and Jacquie met with Supervisor Herrity and his staff. Tena shared notes from Maureen and Tom. Short-, mid-, and long-term goals will be identified for the plan. Supervisor Herrity has asked Sharon to present about aging services at the next BOS 50+ Action Committee; date to be announced. Grace Lynch will also discuss potential development of a virtual community.

- County Executive letter

Tena thanked the COA for their input for the letter requested by the County Executive. She will finalize the draft and send the letter.

New Business:

Maureen announced that Anthony Palladino, the universal design builder who presented to the COA, has been awarded the national "Best Aging in Place Home" award by *Green Builder* magazine.

Director's Report:

Sharon announced that she and Jacquie will attend the V4A Directors' meeting in Richmond and then visit the General Assembly for Aging Day.

Member Activity Reports:

Kay announced that Life Circle Alliance is discontinuing, and \$90,000 of funds will be disbursed to appropriate groups and projects.

Joe will be out of town for the February and March meetings. Mary Jo will cover the pre-guardianship panel.

Dan announced that Care Options is seeking a health care consultant.

Julie will represent the COA at the South County Task Force. Julie and Maureen will staff a COA table at Supervisor Hyland's town hall meeting on February 2.

Maureen will continue her aging discussions with Supervisor Frey.

Tena chaired the NVAN meeting for Fairfax. She will meet with the Arlington and Alexandria COA chairs in March.

Tena reminded commissioners to discuss renewal with their supervisor if their term expires in May.

Adjourn:

Mary Jo motioned to adjourn at 3:00 p.m.; Dan seconded.